



Name: Dr. Pradeep Madnaik.

Clinic: 'Aabha' Ayurvedic Panchakarma Hospital

S-6, Silver Oak Park, MSEB road,

Vishrambag, Sangli. Pin- 416415 MS, India.

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Education:

- ❖ Ayurvedacharya (BAMS): - SGR Ayurved Mahavidyalaya, Solapur.
- Diploma in Yoga Therapy: - SVYASA University, Bengaluru.

Profession: Ayurvedic Consultant Physician Panchakarma expert,

Aushadhi Nirman guide.

Experience:

- ❖ Working as an Ayurvedic Physician, Panchakarma Expert; in the past 25 years.
- ❖ Life member of Ayurved Vyaspeeth.
- ❖ Former President of 'Ayurved Vyaspeeth', Western zone, Maharashtra. Currently working as Secretary.
- ❖ Organizer of **Zep Ayurvedachi** 1st Grand exhibition of Ayurved Vyaspeeth.
- ❖ Conducted many workshops & lectures on 'Ayurvedic AushadhiNirman.
- ❖ Guidance to many BAMS students through Samhita vaachan, Quiz, Aushadhinirman & Panchakarma.
- ❖ Training programs to various social groups through Ayurved & Yoga.
- ❖ Workshops for Adolescent boys through Vayat yetana'
- ❖ Experience of treating number of cases of Skin, Neuro-muscular, Musculo-skeletal disorders, Infertility, Gasto-Intestinal diseases, Lifestyle disorders & Auto-Immune diseases.
- ❖ Delivered Lecture on a unique subject 'Kupipakva Nirman vidhi' at Swasthya kendra, Thane.
- ❖ Paper presentation at 2nd World Ayurved Congress, Pune.
- ❖ Wrote articles in Newspapers & periodicals regarding

various subjects of Ayurveda, especially on Lifestyle disorders.

- ❖ Awarded & felicitated by social groups & NGO's for Work in field of Ayurvedic Lifestyle, Community health & Awareness of Panchakarma.
- ❖ Running a separate clinic dedicated to Infertility & woman Health 'Narayani Ayurved.'
- ❖ Conducted 'Post Covid Clinic' unique activity of Ayurved Vyaspeeth.
- ❖ Use of self-prepared classical Ayurvedic medicines for own practice. (Aushadhinirman)
- ❖ **Aabha Ayurved Gurukul**- Aushadhi Nirman workshops, Vanaspati darshan tour, Elaboration of Basic principles of Ayurved, Samhita Adhyayan, clinical diagnosis techniques for students & vaidyas.

Felicitations:

1. **Ayurved Seva Puraskar** by Vishwapandhari, Kolhapur.
2. **Young Practitioner** by 'SPARK' Mumbai.